Amendments to the Claims:

This listing of claims will replace all prior versions, and listings, of claims in the application:

Claim 1-22. (cancelled)

- 23. (Original) A composition for lowering LDL-cholesterol and triglycerides or for elevating HDL-cholesterol in blood of a mammal or both, comprising an ester of a policosanol or a mixture of esters of policosanol and an ester of a phytosterol or a mixture of esters of phytosterols wherein the acid moiety of the ester of the phytosterol or the mixture of esters of the phytosterols is a fatty acid.
- 24. (Original) The composition according to claim 23, wherein the acid moiety of the ester of the policosanol and the esters of the policosanols is a carboxylic acid containing from 2 to 22 carbon atoms.
- 25. (Currently amended) The composition according to claims 23 or 24, wherein the fatty acid is selected from the group consisting of eicosapentaenoic acid, docosapentaenoic acid, linoleic acid, linoleic acid and arachidonic acid.
- 26. (Original) The composition according to claim 25, further comprising a food substance or a mixture of food substances.
- 27. (Original) The composition according to claim 26 wherein the food substance or mixture of food substances is selected from the group consisting of table margarine, shortening, mayonnaise, vegetable oil, ice cream, milk and yogurt.
- 28. (Original) The composition according to claim 25, further comprising a pharmaceutically acceptable component selected from the group consisting of an excipient, antioxidant, coloring agent, binder and stabilizer.
- 29. (Currently Amended) A method for lowering LDL-cholesterol and triglycerides or for elevating HDL-cholesterol in blood of a mammal or both, which comprises orally administrating to said mammal a composition containing an effective amount of the composition

of claim 23. an ester of a policosanol or a mixture of esters of policosanols and an ester of a phytosterol or a mixture of esters of phytosterols wherein the acid moiety of the ester of the phytosterol and the mixture of esters of the phytosterols is a fatty acid.

Claims 30-35. (cancelled)